**How does CellProof Body Firming Foam work?**  
CellProof Body Firming Foam combines award-winning BioCell Collagen® CG with Macaline® Maca, Pro-Sveltyl OP® and natural botanicals to smooth and tighten the appearance of your skin. Proper massage and application of the product also supports these functions, resulting in hydrated, firmer and healthier looking skin when applied to upper arms, thighs, abdomen or other targeted areas.

**What is the best method to apply CellProof Body Firming Foam?**  
Use a circular motion to massage this luxurious foam into the skin, targeting areas such as the neck, abdomen and thighs.

**How can I enhance my results?**  
Dry brushing from the extremities in toward the heart prior to application of CellProof Body Firming Foam helps exfoliate dead cells from the skin’s surface, speeding up absorption of the product and active ingredients into the surface layers of the skin.

**Where should I apply CellProof Body Firming Foam?**  
CellProof Body Firming Foam targets areas such as thighs, derrière, flanks, abdomen, upper arms and neck.

**Can I use CellProof Body Firming Foam on my face?**  
CellProof Body Firming Foam is specifically designed for the body. It may be used on the neck, but Modere recommends face-specific products such as CellProof Serum and Moisturizer to complete your personal care routine. CellProof Serum and Moisturizer will tighten and moisturize the appearance of facial skin as well as the neck, décolletage and backs of the hands.

**Why does my skin feel cooler when I apply CellProof Body Firming Foam?**  
CellProof Body Firming Foam contains natural peppermint oil, an aromatic herb that soothes and gently cools the skin when applied topically.

**In what order should I apply CellProof Body Firming Foam in relation to my other body products?**  
CellProof Body Firming Foam should be applied to clean, dry skin prior to any additional moisturizer, if desired.

**Does CellProof Body Firming Foam contain SPF to protect my skin from the sun?**  
No, this product is not intended to protect the skin from UV rays. If desired, you may apply sunscreen after CellProof Body Firming Foam fully absorbs into your skin.

**Is CellProof Body Firming Foam safe for pregnant or breastfeeding moms to use?**  
Always consult with a physician if you are pregnant or breastfeeding before using any new products.

**What does CellProof Body Firming Foam smell like?**  
CellProof Body Firming Foam provides natural aromatic notes of coconut and fresh berries. This product contains no artificial fragrances.

**How long before I see results?**  
Results will vary for individuals, but you will see more hydrated and healthy-looking skin after the very first application. For the best results, pair CellProof Body Firming Foam with a healthy lifestyle and a supplemental product such as Liquid BioCell® or Modere Trim.

**How long do the firming effects of this product last?**  
Best results come from continued use of CellProof Body Firming Foam. We recommend using the product once per day for each area of the body.

**How long will my bottle of CellProof Body Firming Foam last?**  
Depending on product usage, one bottle should last approximately one month. This timeline may vary depending on application amount per area and how many areas of the body you’re targeting.

**Should I use CellProof Body Firming Foam with a wrap?**  
There is no need to wrap the body or areas of application for results.

**Is CellProof Body Firming Foam gluten-free?**

Yes, this product is gluten-free.

**Do I need an additional body moisturizer if I use CellProof Body Firming Foam?**

Depending on your skin’s moisture content, you may wish to apply an additional body moisturizer such as Modere Body Butter or Modere Hand & Body Lotion over your CellProof Body Firming Foam.

**How much caffeine is in the Body Firming Foam?**

The coffee arabica in the product is less than 0.01%. The ingredient itself may or may not have caffeine. So, if there is caffeine in the product, it would be at a very low or undetectable level.

**Will it help sagging breasts?**

Body Firming Foam has not specifically been tested for use on breast tissue.  But there are no contraindications for use in this area. This product would provide benefits of moisture, softening and nourishing skin.  It is not formulated to lift/tone breast tissue.